



### **Ilka Perez-Garcia Bio**

Ilka is a Nuyorican from Brooklyn who understands firsthand the intersectional issues that impact Latin communities. Ilka, who was an author for Rise Magazine, is now a community advocate working to help others any which way she can. Her passion lies in supporting families caring for love ones diagnosed with Dementia. Caring for her own mother with Dementia, Ilka has become a Voice for others trying to navigate the senior health system. As Voice facilitator, Ilka gathers stories and writes on the societal issues impacting marginalized women.